

CULTURE'S EDGE PRESENTS

Pana Columbus

The Elements of Transformation™



An intensive one-day workshop to guide you on a transformation process using the context of the four elements

Let go of things that no longer serve you

Discover your true purpose

Implement your vision into action

Sustain your focus and vitality

FREE SAMPLE NIGHT!

Friday, Jan 24th
7-8pm

French Broad
Food Co-op
Movement and
Learning Center
90 Biltmore Ave.
2nd fl.
Asheville, NC

Saturday, February 15th, 2014

10-5pm ~ \$55

(\$45 if registered by January 15th)

\$25 for teens

Held at the Council Hall at Earthaven Ecovillage
near Black Mountain, NC

To register contact Arjuna at arjuna@earthaven.org or (828) 669-0114



After a life-changing four-year journey through Egypt, Europe, Hawaii and across the United States, Pana identified four archetypal stages of transformation, stages that can help us manifest our soul's true purpose. Pana has worked with these core principles of change and growth to assist individuals and communities across the country and around the world to become more conscious, vivified and joyous. Pana is an award-winning and critically acclaimed playwright, a private transformation coach, as well as the creator of "The Elements of Transformation™" an intensive weekend transformation retreat. She has been a speaker at a TEDx conference, churches, women's retreats, fundraisers, board retreats and business forums. Her memoir, *She Wore Blue Invoking the Water*, is available at Malaprop's Bookstore.